1. INTRODUCTION

Different stress factors resulted in significant economic losses in the poultry industry. Methods include development in the management protocols and using different types of nutrients were applied to alleviate economic losses in this industry (King’Ori 2011; Surai et al. 2012; Mosallanejad et al. 2014b). Amino acids have been used across the globe for many years. They injected into hatching eggs to increase chick body weight and performance at hatch, but the adverse effects of amino acids have always been a major concern. There is scant information available about the pathological alterations of amino acids in the chicken embryonated eggs. Methionine is an \( \alpha \)-amino acid that is one of two sulfur-containing proteinogenic amino acids (Adams 2001; Boothe 2011). Methionine is one of only two amino acids encoded by a single codon (AUG) in the standard genetic code (tryptophan, encoded by UGG, is the other). In reflection to the evolutionary origin of its codon, the other AUG codons encode isoleucine, which is also a hydrophobic amino acid. In the mitochondrial genome of several organisms, including metazoan and yeast, the codon AUA also encodes for methionine. Methionine is used to prevent liver damage in acetaminophen poisoning. It is also used for increasing the acidity of urine, treating liver disorders, and improving wound

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healing. Other uses include treating depression, alcoholism, allergies, asthma, copper poisoning, radiation side effects, schizophrenia, drug withdrawal, and Parkinson’s disease (Golan et al. 2011).

In the veterinary medicine, methionine is one of ten so-called “essential” amino acids that must be supplied in the diet (Adams 2001). Methionine is a principle supplier of sulfur to the body and helps prevent disorders of the hair, skin and nails. It lowers plasma cholesterol by increasing hepatic production of lecithin and reduces hepatic fat. It is essential for absorption, transportation, and bioavailability of selenium and zinc in the body. Methionine also protects the kidneys; is a natural chelating agent for heavy metals; regulates the formation of ammonia; and helps create ammonia-free urine. Methionine may be available as a prescription drug or as an over-the-counter medication. It also injected into hatching eggs to increase chick body weight and performance at hatch (Adams 2001; Golan, Tashjian et al. 2011; Tripathi 2013).

Adverse effects of amino acids have always been a major concern. There is little research in the literature describing the pathological effects of amino acids on the developing bird embryos, and further studies still need to be undertaken to determine the safety, toxicity and teratogenic potential of amino acids. On the other hand, the application of amino acids for in ovo administration in the bird’s egg still needs to be justified. In this regard, in the present study, we investigated using of methionine solution for in ovo administration in embryonated chicken eggs. We believe that results in this study will contribute to our better understanding of safety and pathological effects of methionine on the bird embryos.

2. MATERIALS AND METHODS

2.1. Hatching eggs

Fertile chicken eggs (Ross 308) with the average egg-weight of 50 ± 2g and with the same age were purchased from a local breeder farm. In this farm, birds were kept and grown up under the standard condition of breeding.

2.2. Drugs

Methionine powder was obtained from the Degussa Company, South Africa. It was diluted in phosphate buffered saline solution and sterile with 0.22 μm syringe filter. A volume of 0.5 ml of phosphate buffered saline solution with 10 mg methionine was inoculated per Kg egg-weight.

2.3. Experimental protocol

Eggs were incubated at 37.5°C and 55% relative humidity. The eggs were randomly assigned to two equal treatment groups, 10 eggs each, as follows: group 1: phosphate buffered saline injected group, embryonated eggs injected with sterile phosphate buffered saline of 0.5 ml/egg into the yolk sac. On day 4 of incubation, the eggs of group 2 treated with a methionine solution at a dosage of 10 mg methionine per Kg egg-weight. Embryos received treatment by direct injection into the yolk sac according to the standard techniques (Hamburger 1942). Embryos were re-incubated post-treatment and allowed to develop. The viability of the embryos was checked throughout the incubation period by candling. All embryos were necropsied on day 18 of incubation and examined for macroscopic and microscopic lesions. The treatment protocols and procedures in this study were conducted according to local ethical guidelines, and were approved by the Animal Ethics Committee of the Research Council of Shahid Bahonar University, Iran.

2.4. Pathological examination

At the end of the experiment, on day 18, embryos were humanely killed by placing on ice and then the eggs were opened at the wider end (Jacobsen et al. 2012). After washing in normal saline solution, embryos were observed under stereomicroscope to study any gross abnormalities on the external body surface. The membranes and yolk sac were also inspected. Then, the tissues of embryos were dissected out and fixed in 10% neutral buffered formalin. Following routine preparation of tissues, serial sections of paraffin embedded tissues of 5 μm thicknesses were cut using a microtome (Slee-Germany) and stained with hemotoxylin and eosin and studied under light microscope.

2.5. Statistical analysis

Statistical analysis was performed using SPSS version 20. The Chi-Square test was used to determine the significant differences in lesion occurrence between experimental groups. A P-value of <0.05 was considered as statistically significant.

3. RESULTS

3.1. Macroscopic results

The tissues of the embryos were normal in group 1. In methionine-injected group, group 2, there was not any gross abnormality in the tissues and external body surfaces (figure 1). The obtained tissue samples of these embryos were sent to the pathology laboratory.

Fig. 1. The chicken embryo treated with the methionine solution into the yolk sac. The embryo is normal with no gross lesions.
3.2. Microscopic findings

Histopathological evaluation has been revealed that all organs were normal in group 1. In embryos of group 2, which received the methionine solution, all microscopic structures were also normal (figures 2-5).

Fig. 2. Photomicrograph of the chicken embryo treated with the methionine solution into the yolk sac. A normal structure of the heart is seen. ×100 H&E

Fig. 3. Photomicrograph of the chicken embryo treated with the methionine solution into the yolk sac. The normal structure of the cerebellum is seen. ×400 H&E

Fig. 4. Photomicrograph of the chicken embryo treated with the methionine solution into the yolk sac. A normal structure of the lung is seen. ×100 H&E

Fig. 5. Photomicrograph of the chicken embryo treated with the methionine solution into the yolk sac. The normal structure of the liver is seen. ×100 H&E

4. DISCUSSION

The poultry industry has experienced tremendous development and expansion during the past ten years. On the other hand, different stress factors are an important and significant hazard for poultry health and cause serious economic losses to this industry. For many years, researchers have been using various additive compounds to restrict stress and enhance the performance of different poultry species, including young chicken and broiler (Mountzouris et al. 2011; Gracia et al. 2013; Kogut et al. 2013; Oakley et al. 2014), (Bagherzadeh et al. 2012; Blake et al. 2013; KhosraviFar et al. 2014; Swain et al. 2014), turkey (Czech et al. 2012; Ognik et al. 2012; Huff et al. 2013; Devreese et al. 2014), layers (Lim et al. 2011; Schwarz et al. 2011; Khan et al. 2013) and poultry breeder (Broekaert et al. 2012; Fulton 2012; Murakami et al. 2014).

Amino acids have an increased role as feed additives in the poultry industry. They injected into hatching eggs to increasing chick body weight and performance at hatch. Methionine belongs to the essential amino acids groups. It has been used successfully for several decades in many countries such as Canada, Spain, France, Austria, Poland, Denmark, Germany, Turkey, Africa, United States and China. In recent years, its use has increased rapidly in the Iranian poultry industry, but there is little information available about the pathological effects of injecting methionine solution into the bird's egg. Besides, determining the side effects of drugs on the development of bird embryo is a useful method for studying the biological properties of drugs. In the present study, we investigated the using and toxicity of methionine solution for in ovo administration in chicken egg. Lesions and organ injuries following administration were also inspected. Up to now, amino acids-egg-treatment has been examined and described in different situations (Al-Daraji et al. 2012; Gaafar et al. 2012; Kita et al. 2014). The results of these studies show that in ovo administration of amino acids may be an effective method to increase chick performance and body weight (Bhanja et al. 2014; Kita, K Ito et al. 2014; Li et al. 2014; Shafey et al. 2014). Dosage and the rout of injection can have an influence on
the outcome (Mosallanejad et al. 2014a; Tavakkoli et al. 2014a; Tavakkoli et al. 2014b). On the other hand, some injection sites that are present in fertile eggs at day 4 of incubation are the air cell and yolk sac. Injection drugs into the air cell of the egg is discontinued and is not suitable for breeding purposes because drastic mortality of embryos occur when eggs treat by this procedure (McCapes et al. 1975; Nascimento et al. 2005; Tavakkoli et al. 2104).

Our results obviously showed no gross abnormality in the tissues and external body surfaces of the chicken embryos exposed to methionine solution by yolk sac route. Histopathological examination has also been revealed that all organs were normal in embryos. Therefore, these results suggest that the best methionine injection sites in ovo may be the yolk sac. Nevertheless, further efforts are needed to evaluate in ovo administration of various amino acids. In conclusion, based on macroscopic and microscopic findings, it is concluded that methionine solution can be used for the success of the in ovo-injection scheme with low toxicity to chicken embryo. In addition, the yolk sac is an appropriate site for injecting essential amino acids.

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